

वैद्य राजेश कोटेचा
सचिव

Vaidya Rajesh Kotecha
Secretary



भारत सरकार
आयुष मंत्रालय
आयुष भवन 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023

Government of India

Ministry of Ayush

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D.O. No.M-16011/54/2026-YN

10th June, 2026

Dear Prof. Mameeshaji,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. The theme for IDY 2026, "Yoga for Healthy Ageing", underscores the vital role of Yoga in enhancing physical, mental, and emotional well-being across all age groups and in fostering healthy and active ageing.

In continuation of this collective endeavour, Ministry of Ayush is organizing several nationwide activities as part of the IDY 2026 celebrations.

In this regard, I would like to invite and encourage the active participation of the National Commission for Indian System of Medicine (NCISM) and all institutions under its ambit in the Guinness World Record attempt being organized by the Morarji Desai National Institute of Yoga, Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd. on 14th June, 2026 from 6:15 AM to 7:35 AM. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number 1800-315-7008. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. I would, therefore, request you to encourage maximum participation from all colleges, faculty members, students, interns, residents, practitioners and other stakeholders affiliated with NCISM to join separately through their individual devices.

Further, the Ministry of Ayush launched the Yoga Sangam Portal 2026 on 27th May, 2026 to facilitate the registration of organizations, institutions, Government Departments, educational institutions, local bodies, autonomous bodies, PSUs, leading Yoga institutions, and community groups proposing to organize Yoga Sangam events across the country on 21st June, 2026, simultaneously with the Hon'ble Prime Minister's flagship IDY event.

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The portal may be accessed at: <https://yoga.ayush.gov.in/yoga-sangam>

It is, therefore, requested that NCISM may kindly:

1. Ensure registration of NCISM and all colleges, teaching institutions and affiliated organizations on the Yoga Sangam Portal 2026.
2. Encourage all affiliated institutions under the jurisdiction of NCISM to organize Yoga Sangam events on 21st June, 2026 and submit event details on the portal after the event.
3. Disseminate information regarding the Guinness World Record attempt and Yoga Sangam Portal widely among faculty members, students, interns, residents, practitioners and other stakeholders.
4. Facilitate maximum participation of NCISM-affiliated institutions and their stakeholders in the Guinness World Record attempt on 14th June, 2026 through individual device-based participation.

I shall be grateful for your personal intervention and support in ensuring wide publicity and mass mobilization.

With regards,

Yours sincerely,

राजेश कोटेचा

(Rajesh Kotecha)

Dr. Maneesha Upendra Kothekar

Chairperson

National Commission for Indian System of Medicine (NCISM)

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॥ आयुषं सर्वनाकानाम् ॥

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भारत सरकार

कार्यालय: टी-19, पहली और दुसरी मंजिल, ब्लाक- IV, धन्वन्तरि भवन,
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Ref. No. 20-28/2022-Regn. (Misc)

Dated: 12.06.2026

To,

The Registrars,


All respective State ISM Councils

Subject: Dissemination of information regarding Guinness World Record Attempt on 14.06.2026 and Yoga Sangam 2026 activities in connection with International Day of Yoga (IDY) 2026 – reg.

With reference to the above, Commission is in receipt of communication from the Ministry of Ayush regarding the observance of the International Day of Yoga (IDY) 2026 under the theme “Yoga for Healthy Ageing”, which emphasizes the role of Yoga in promoting physical, mental and emotional well-being and fostering healthy and active ageing.

- As part of the nationwide activities being organized for IDY 2026, the Ministry of Ayush, through the Morarji Desai National Institute of Yoga (MDNIY) in association with Habuild Healthtech Pvt. Ltd., is organizing a **Guinness World Record Attempt on 14th June, 2026 from 6:15 AM to 7:35 AM**. The initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.
- Individuals may participate in the event by registering through a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message from “Habuild” containing the session link. It is pertinent to note that each participant must join the session individually through his/her own registered device, as every registered device joining the session will be counted towards the official record.
- Further, the Ministry of Ayush has launched the **Yoga Sangam Portal 2026** to facilitate registration of organizations and institutions intending to organize Yoga Sangam events on **21st June, 2026** in synchronization with the Hon’ble Prime Minister’s flagship International Day of Yoga event. The portal is accessible at:
The Yoga Sangam Portal may be accessed at:
Link: <https://yoga.ayush.gov.in/yoga-sangam>
- In view of the above, you are requested to disseminate the aforesaid information widely among all practitioners registered with your State ISM Council and encourage their active participation in the **Guinness World Record Attempt on 14th June, 2026**. You are also requested to motivate practitioners, institutions, hospitals, clinics, professional associations and other stakeholders to organize and participate in **Yoga Sangam events on 21st June, 2026** and register/report such events on the Yoga Sangam Portal.
- You are further requested to furnish an **Action Taken Report (ATR)** to this Commission regarding the dissemination undertaken, indicating the mode of communication adopted and the extent of outreach achieved among the registered practitioners in your State.

The matter may kindly be accorded priority and necessary action taken to ensure maximum participation and outreach in support of the International Day of Yoga 2026 celebrations.


12.06.26

Dr. Sushrut Kanaujia

President, Board of Ethics and Registration
NCISM, New Delhi

अध्यक्ष, आचार एवं पंजीयन बोर्ड

President, Board of Ethics and Registration

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग

National Commission For Indian System of Medicine

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Copy to: -

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- Chairperson, National Commission for Indian System of Medicine, New Delhi.
- Secretary, National Commission for Indian System of Medicine, New Delhi.
- Guard File.

Dr. Sushrut Kanaujia

President, Board of Ethics and Registration
NCISM, New Delhi